

EXTENSIONS OF REMARKS

JAMI MARQUEZ

HON. ED PERLMUTTER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 11, 2014

Mr. PERLMUTTER. Mr. Speaker, I rise today to recognize and applaud Jami Marquez for receiving the Arvada Wheat Ridge Service Ambassadors for Youth award. Jami Marquez is an 8th grader at Wheat Ridge 5–8 and received this award because her determination and hard work have allowed her to overcome adversities.

The dedication demonstrated by Jami Marquez is exemplary of the type of achievement that can be attained with hard work and perseverance. It is essential students at all levels strive to make the most of their education and develop a work ethic which will guide them for the rest of their lives.

I extend my deepest congratulations to Jami Marquez for winning the Arvada Wheat Ridge Service Ambassadors for Youth award. I have no doubt she will exhibit the same dedication and character in all of her future accomplishments.

HONORING CLEON KIMBERLING

HON. CORY GARDNER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 11, 2014

Mr. GARDNER. Mr. Speaker, I rise today to honor Dr. Cleon Kimberling. He was recently inducted into the Colorado Agriculture Hall of Fame because of 50 years of leadership in the agricultural industry as a veterinarian and member of the Colorado State University Department of Veterinary Medicine.

Dr. Kimberling received his Bachelor's Degree and DVM at Colorado State University and then earned a Masters of Public Health from the University of Minnesota. Since then, he has devoted his time to Colorado State University students and those in the agriculture industry in Colorado. His vocation has allowed him to focus on herd health management of dairy livestock, range beef cattle and range sheep. His expertise in range sheep management is unrivaled and has benefitted many, many producers. Dr. Kimberling's work has taken him from the high mountains and plains in Colorado, to the Navajo Nation and to over 15 countries around the world.

Dr. Kimberling's work has resulted in the development of surgical instruments for animals, and tests for several diseases in various animals. His inventions have earned him a U.S. patent and brought efficiencies to the agricultural industry. He has written two books, authored five chapters, fourteen auto-tutorials, fifty-four referenced journal articles, as well as a host of other educational resources.

Because of his teaching and his expertise in Veterinary Medicine, he has received many

awards and recognition over the last fifty years. However, many of his contemporaries note that even though he is a recognized veterinarian, his true impact in this world has been in his role as a passionate teacher. The number of veterinarians he has trained, both at CSU and around the world is countless. His caring, sharing and teaching are only a part of who he is. His contributions to the health and productivity of Colorado's livestock industry, along with his dedication to Colorado State University students and his overall improvement to mankind are examples for all to follow. I am honored to recognize him today.

RECOGNIZING MARCH AS
NATIONAL FROZEN FOOD MONTH**HON. JACK KINGSTON**

OF GEORGIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 11, 2014

Mr. KINGSTON. Mr. Speaker, I rise today to recognize the work of one of Georgia's great schools and my alma mater, the University of Georgia, UGA, for its recent groundbreaking research on the nutritional value of frozen fruits and vegetables. March is frozen food month, and this study by UGA conclusively demonstrates the nutritional value of frozen fruits and vegetables and will help families make smart, informed decisions on how to eat in an affordable, healthy way.

The University of Georgia, in partnership with the Frozen Food Foundation, conducted a unique study comparing the nutrient content of commonly purchased frozen and fresh fruits and vegetables. This study mimicked consumer purchasing and storage habits for a variety of fruits and vegetables and the results revealed that frozen fruits and vegetables are nutritionally equal to, and in many cases superior to their fresh counterparts.

Research such as this provides insight into the value of frozen fruits and vegetables. UGA found that at-home storage of fresh fruits and vegetables can lead to significant nutrient loss but with frozen fruits and vegetables, consumers receive the nutritional benefit of produce that is harvested and then frozen at peak ripeness. Freezing is a natural pause button that locks-in nutrition.

As families look for easy-to-prepare, affordable ways to improve their diet, they can reach for frozen fruits and vegetables and, reaffirmed by this UGA research, they can know they are receiving the same nutritional benefits as fresh products.

Mr. Speaker, in celebration of National Frozen Food Month, I wish to applaud UGA and frozen food makers for their role in providing American families with important facts about increasing nutrients to support good health. I am proud to acknowledge research done in Georgia that allows families to make informed decisions about the nutritional benefits of the fruits and vegetables they consume.

JACQUELINE DELGADO

HON. ED PERLMUTTER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 11, 2014

Mr. PERLMUTTER. Mr. Speaker, I rise today to recognize and applaud Jacqueline Delgado for receiving the Arvada Wheat Ridge Service Ambassadors for Youth award. Jacqueline Delgado is an 11th grader at Jefferson High School and received this award because her determination and hard work have allowed her to overcome adversities.

The dedication demonstrated by Jacqueline Delgado is exemplary of the type of achievement that can be attained with hard work and perseverance. It is essential students at all levels strive to make the most of their education and develop a work ethic which will guide them for the rest of their lives.

I extend my deepest congratulations to Jacqueline Delgado for winning the Arvada Wheat Ridge Service Ambassadors for Youth award. I have no doubt she will exhibit the same dedication and character in all of her future accomplishments.

SFC DOUG LESH

HON. JEFF DUNCAN

OF SOUTH CAROLINA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 11, 2014

Mr. DUNCAN of South Carolina. Mr. Speaker, I rise to pay tribute to Sergeant First Class Douglas Lesh, in honor of his retirement from the United States Army and his extraordinary dedication to duty and service to the United States of America. Sergeant First Class Lesh and his wife Amanda will be moving on from his current assignment as the Non-Commissioned Officer in Charge of the Office of the Chief, Legislative Liaison's Travel section.

Army Congressional Liaisons provide an invaluable service to both the military and Congress. They assist Members and staff in understanding the Army's policies, actions, operations, and requirements. Their first hand knowledge of military needs, culture, and tradition is a tremendous benefit to Congressional offices.

A native of Grass Valley, California, Sergeant First Class Lesh enlisted in the Army on August 5, 1993, and entered infantry basic training at Ft. Benning, Georgia.

Sergeant First Class Lesh's assignments have taken him to Tong Du Su Shon, Korea; Fort Stewart, Georgia; Fort Carson, Colorado; Sacramento, California; Fort Benning, Georgia; Ramadi and Baquba, Iraq; The Joint Staff at The Pentagon, and the 1st Battalion 3rd Infantry Regiment (The Old Guard).

Mr. Speaker, on behalf of a grateful Nation, I join my colleagues in recognizing and commending Sergeant First Class Lesh for his dedicated service to this country. For all he

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